



Welcome à l'abbaye

A LA CARTE

19th century rotisserie & grill
Rustic Cuisine and Monk Wines



*Spit-roasted Orleans chicken, preserved lemon & rosemary
Grilled tomato and zucchini, curried leek, Parsley Gratin Dauphinois,
Abbey salad* € 27

*Or
Grilled salmon steak, marinated with the garden thyme, citrus vinaigrette
Gambas, Grilled tomato and zucchini, curried leek, Parsley Gratin Dauphinois,
Abbey salad* € 27

*Or
Grilled Jargeau andouillette sausage, reduced jus, Trappist mustard
Grilled tomato and zucchini, curried leek, Parsley Gratin Dauphinois,
Abbey salad* € 27

*Or
Grilled Charolais sirloin steak, Béarnaise sauce
Grilled tomato and zucchini, curried leek, Parsley Gratin Dauphinois,
Abbey salad* € 31

*Or
Grilled pork tenderloin, pepper sauce
Grilled tomato and zucchini, curried leek, Parsley Gratin Dauphinois,
Abbey salad* € 27

all our meats come from France

- **Cheese trolley** €12
Cheese from Olivet (Orléans) And Beaugency and various Monasteries & Convents
- **Desserts** € 11
Tart, iced soufflé, pastry... depending on your inspiration and the products of the moment

Children's menu €26

Chicken or salmon on the grill with vegetable, and the Children dessert

Dear clients,

First of all, a huge thank you! By staying with us, dining at the rotisserie, having a drink or buying a product at the monastic shop, you are helping us to renovate this already thousand-year-old abbey, classified and listed as a historic monument, witness to our cultural heritage.

Since 2008, we have undertaken numerous works, renovation of facades, change of beams on structure, new windows and doors, upgrades to important standards, in short, a colossal and expensive job

In 2023, renovation of the rear facade, almost 8 months of work, the last renovation dated from 1840! And then, in 2024, the complete renovation of 17 bathrooms, because even the monks needed to refresh themselves after a long day of prayer. There is still a lot to renovate...

The costs of the work are Exorbitant: a window costs between €5,000 and €8,000 excluding tax, a door €12,000, a beam €15,000, the facade a fortune! We receive no aid from the state, their coffers are empty. And let's not talk about heating bills, which have tripled since 2022. And the administrative paperwork for work authorizations is enough to tear your hair out!

It is only thanks to you, dear customers and friends, that we can continue to keep this heritage alive. And if you had a good time with us, don't hesitate to support us by leaving a little positive word on websites like booking or Google.

Thank you from the heart,

Didier and the entire abbey team



History of the abbey

Classified and listed as a historic monument, this building is full of stories to tell. According to the latest archaeological excavations dating from 2022, the foundations date from the time when the Vikings sailed up the Loire (the 9th century to be precise),

In 1152 the first divorce of the Kings of France between Eleanor of Aquitaine and Louis VII was pronounced in this abbey (Eleanor remarried Henri Plantagenêt, and became queen again, but queen of England)

On June 16, 1429, Joan of Arc liberated the citadel which was in the hands of the English

In 1568, Protestants set fire to the abbey during the terrible wars of religion. Around 1640 the abbey was renovated with 17th century facades

The revolution of 1789 chased away the monks but they returned in 1815. The abbey has been a hotel since 1930, Today, we modestly support around ten monasteries and convents in France by selling their products in stores, for breakfast or at the rotisserie.

Our neighbors the Ursulines with whom we share the abbey, offer you the famous Emerald water made since the 17th century! The recipe, which has been top secret for four centuries, is produced by hand and in small quantities. The lotion thus obtained has healing, energizing and relaxing properties, and I am a witness, it sometimes works miracles.



wine delivery by the winegrower monks of Barroux



In our shop find monastic products (we work with around twenty monasteries), for example The monks of Aiguebelle offer their fortifying Alexion with 52 plants, ideal before the arrival of winter The monks of Ganagobie health balms like that of the Pilgrim, And many other products...

